



## Purple Heart Project

Apex provides complimentary laser scar revisions to qualified wounded veterans.



# APEX SKIN

MEDICAL / SURGICAL / AESTHETIC

Apex Dermatology & Skin Surgery Center

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# Scar Institute

### About The Scar Institute

Our Scar Institute is the only center in the region dedicated to providing comprehensive care for patients with scars.

For many, disfiguring scars represent an unpleasant reminder of a past accident, surgery, illness, or skin disorder. While some attempt to hide their scars with makeup, others simply live with the constant aggravation and vivid reminder, every time they look in a mirror. In the past, treatment options have been limited. With today's technology there are many options to treat scars. Don't live with scars any longer, let our dedicated physician-led team help you heal the scars and get back to your life with a outlook.

### Which is right for you?

PROBLEM	PROCEDURE	DOWNTIME	TREATMENTS
Scars	CO <sub>2</sub> RE Laser	7-10 days	1
	Fraxel Laser	3-5 days	4+
	eMatrix	3-5 days	4
	VBeam Laser	None	4
Acne	Blue Light	1 day	4+
	VBeam Laser	None	4



## CO<sub>2</sub>RE Laser

Lasèr treatment for scars. This procedure is ideal for patients with deep pitted acne scars, a large burn, trauma or surgical scars. This is a single laser treatment session with usually 5-7 days of downtime after resurfacing.



## VBeam™ Laser

The VBeam laser can give a dramatic improvement in the appearance of redness and blood vessels in only a few treatments. Best for patients with red marks left from acne, surgical scars (C-section scars) or stretch marks.



## Fraxel® Laser Treatment

This non-ablative resurfacing laser is a great treatment for patients with pigmentation alteration and rolling acne scars after years of acne. Multiple treatments are always needed to obtain desired results. Usually treatment sessions are spaced every 4-6 weeks.



## Chemical Peels

During a chemical peel treatment, a peeling agent such as glycolic acid is applied to the skin for a brief amount of time to remove the top layer of the skin. Peels help with pigment from old scars and overall rejuvenation of the skin. Best for patients with breakouts, acne marks/scars.

## Microdermabrasion

This in-office treatment uses diamond exfoliating to remove the superficial layers of the skin in order to improve the texture and tone of the skin. Best for acne scars and for patients with red or brown marks left from scars.

## Micro-needling

By using tiny needles which reach down into the scar, the depressed areas which are tethered are broken up and the body begins the healing process by forming new collagen and healing the scar from the bottom up. This modality is very effective for rolling and boxcar type acne scars.

## eMatrix™

Skin rejuvenation that is safe for all skin types, including dark skin, and is effective for fighting the signs of aging, as well as for acne scars, superficial skin lesions, brown spots and certain types of stretch marks..



## Photodynamic Therapy and Blue Light

PDT results in (1) directing killing of the bacteria that causes inflammation and (2) modification of oil glands that harbor the acne-causing bacteria with results in long lasting remission of breakouts and (3) reduction of the residual redness from old acne scars. Best for patients with cystic and hormonal acne. This 30 minute procedure has no downtime. Best for treating redness and patients with all types of acne scars.

## Scar Revision Surgery (Keloid Removal/Earlobe Repair)

There are some types of scars that may require surgical revision in order to obtain the best outcome, especially in areas under tension. Tension on a wound can inhibit scar healing and therefore surgical procedures to relieve tension can be very helpful.